



Mountain Bike Trails

Trail Descriptions & Ratings

Bike trails are one-way single track flow style trails. They offer a steady climb uphill with fun, downhill sections including rocks, berms, rollers, and fast flowing sections.

Central Ridge 2.75 Miles



Intermediate

Flowy single track with a challenging climb and a rewarding downhill with rollers, berms, and drops to challenge intermediate riders. Ride in clockwise direction.

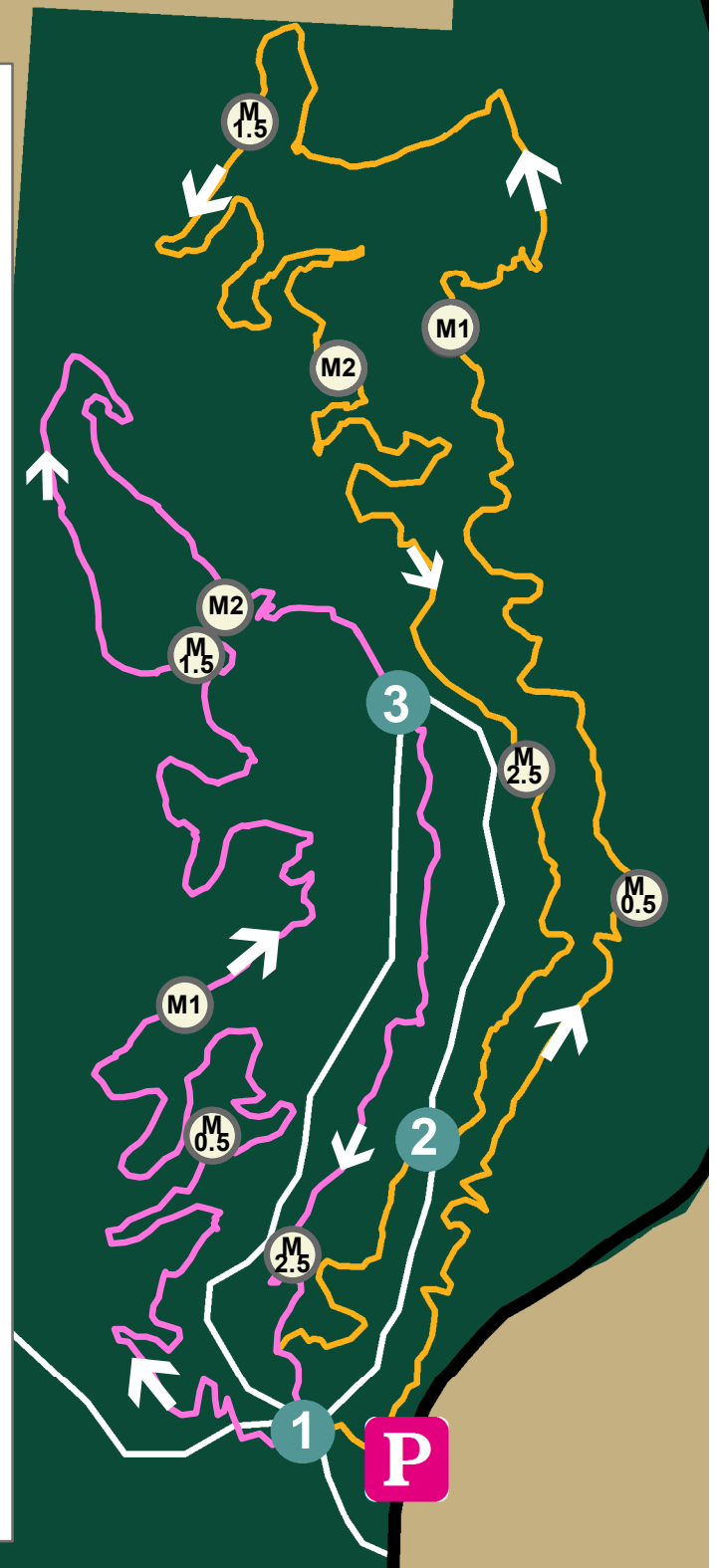
East Ridge 3 Miles



Intermediate

This trail offers challenging riding with tighter corners and steeper slopes with rocks, berms, and rollers.

If you want a greater challenge, follow the "Most Difficult" signs for optional sections of trail that include drops, larger berms and a table top/roller jump section. Ride in counter clockwise direction



	Palmer Woods Forest Reserve		Mileage Marker		Trailhead & Parking
	Roads		Trail Maps		Hiking/Ski Trails
					East Ridge Trail
					Central Ridge Trail

0 0.05 0.1 0.2 Miles